Thursday November 21st 2013

| 08:30-09:30 | Lecture |  |  |
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| $\begin{gathered} 08: 30-09: 30 \\ 09: 30-10: 30 \end{gathered}$ | Kim Daniëls - Biomechanical issues to be taken into consideration |  |  |
|  | Prof. Dr. Paul Wylleman - The Mind, an unpredictable factor for results |  |  |
| 10:30-11:00 | Break |  |  |
| 11:00-12:00 | Lecture |  |  |
|  | Daniëlle Krekels - Core Talent Detection |  |  |
| 12:00-13:00 | Lunch |  |  |
|  | Workshop |  |  |
| 13:00-14:00 | Group 1 Kim Daniels | Group 2 <br> Daniëlle <br> Krekels | Group 3 <br> Prof. Dr. Paul Wylleman |
| 14:15-15:15 | Group 3 Kim Daniels | Group 1 <br> Daniëlle <br> Krekels | Group 2 Prof. Dr. Paul Wylleman |
| 15:30-16:30 | Group 2 Kim Daniels | Group 3 <br> Daniëlle <br> Krekels | Group 1 Prof. Dr. Paul Wylleman |

Friday November 22nd 2013

| $08: 30-17: 00$ | Start Kisik Lee |
| :---: | :---: |
| $08: 30-10: 30$ | Biomechanics in archery part 1 |
| $10: 30-11: 00$ | Break |
| $11: 00-12: 00$ | Biomechanics in archery part 2 |
| 12:00-13:00 | Lunch |
| 13:00-15:00 | Developing a coach's eye to analyse an <br> archer's technique |
| $15: 00-15: 30$ | Break |
| $15: 30-17: 00$ | KSL Shot Cycle |


| $08: 30-17: 00$ | Kisik Lee |
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| $08: 30-10: 30$ | KSL Shot Cycle |
| $10: 30-11: 00$ | Break |
| 11:00-12:00 | KSL Shot Cycle |
| $12: 00-13: 00$ | Lunch |
| $13: 00-15: 00$ | KSL Shot Cycle |
| $15: 00-15: 30$ | Break |
| $15: 30-17: 00$ | KSL Shot Cycle |
| $19: 00-\ldots$ | Walking dinner |

Sunday November 24th 2013

| $08: 30-15: 30$ | Kisik Lee |
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| $08: 30-10: 30$ | Behavior and advise in the Coaching Box at <br> tournaments + Coach Philosophy |
| $10: 30-11: 00$ | Break |
| $11: 00-12: 00$ | Coach Philosophy |
| $12: 00-13: 00$ | Lunch |
| $13: 00-15: 00$ | Exam |
| $15: 00-15: 30$ | Break |
| $15: 30-16: 30$ | Proclamation |
| $16: 30-17: 30$ | Closing ceremony |



